



Children's Research University, Gandhinagar
Department of Community and Special Education

Report on Online Parenting Talk (Session – 1)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on **6th March, 2025** from **4:00 PM to 5:00 PM** through Google Meet.



The session was conducted on the topic “*Parenting: Importance of Toys in Child Rearing.*” The aim of the session was to create awareness among parents about the significant role of toys in the cognitive, emotional, and social development of children.

The key speaker, **Shri Raghavbhai Dhanjibhai Katakiya** (popularly known as ‘**Raghu Ramkadu**’), an innovative teacher from Mota Mandvada Primary School, Amreli, delivered an engaging and insightful session. He explained how

toys are not merely for entertainment but serve as important tools for learning, creativity, and personality development in children.

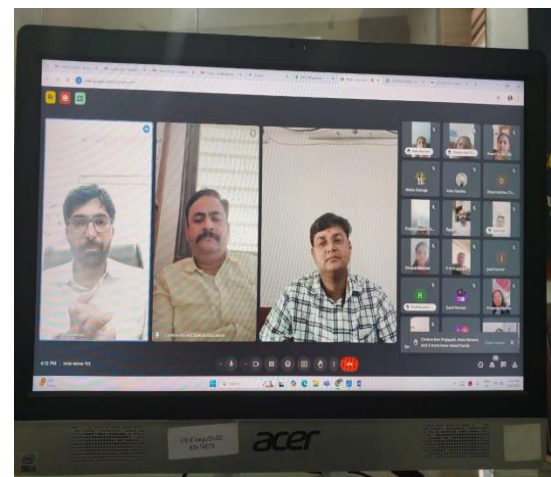
The session covered important aspects such as:

- Role of toys in child development
- Enhancing creativity and imagination through play
- Educational value of toys
- Selecting appropriate toys for different age groups

The program was effectively conducted by **Shri Jaydev Dhandhiya**, Secondary Teacher at Children's Research University, Gandhinagar, ensuring smooth flow and coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **135 beneficiaries** attending online and benefiting from the discus



Children's Research University, Gandhinagar
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Report on Online Parenting Talk (Session – 2)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on 27th March, 2025 from 4:00 PM to 5:00 PM through Google Meet.



The session was conducted on the topic “*Parenting: Ek Sajag Sadhana (Parenting as a Conscious Practice).*”

The aim of the session was to promote awareness among parents about mindful and conscious parenting approaches in nurturing children.

The key speaker, **Ms. Rashmiben Jha**, Counselor Psychotherapist and Founder of Aural Expressions

Counseling Center, Surat, delivered an insightful and impactful session. She emphasized the importance of self-awareness, emotional understanding, and intentional parenting practices in shaping a child's overall development.

The session covered important aspects such as:

- Importance of conscious and mindful parenting
- Understanding children's emotional needs
- Building strong parent-child relationships
- Role of self-awareness in parenting



The program was effectively conducted by **Dr. Krunal Panchal**, Assistant Professor at Children's Research University, Gandhinagar, ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed enthusiastic participation, with approximately **185 beneficiaries** attending online and benefiting from the discussion.

Children's Research University, Gandhinagar
Department of Community and Special Education

Report on Online Parenting Talk (Session – 3)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on **3rd April, 2025** from **4:00 PM to 5:00 PM** through Google Meet.



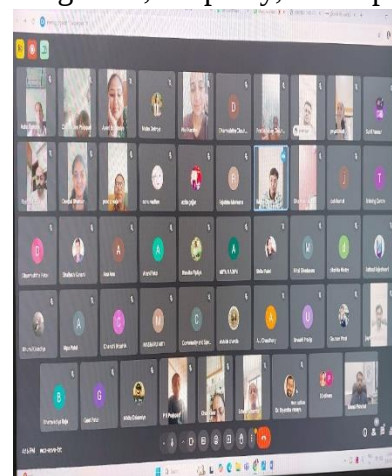
The session was conducted on the topic “*Parenting: Balaknu Sachu Na Bolvu (Why Children Do Not Speak the Truth).*” The aim of the session was to help parents understand the psychological and behavioral reasons behind children's dishonesty and to guide them in addressing such situations effectively.

The key speaker, **Dr. Meenalba Jadeja**, Assistant Professor (Education), Children's Research University, Gandhinagar, delivered an insightful session. She explained the underlying causes of children not telling the truth and emphasized the importance of building trust, empathy, and open communication within the family.

The session covered important aspects such as:

- Reasons behind children's dishonest behavior
- Importance of trust and emotional security
- Positive ways to handle such situations
- Encouraging honesty through supportive parenting

The program was effectively conducted by **Shri Jaydev Dhandhiya (Secondary Teacher)** and **Dr. Krunal Panchal (Assistant Professor)**, ensuring smooth coordination of the session.



The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **107 beneficiaries** attending online and benefiting from the discussion.

Children's Research University, Gandhinagar
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Report on Online Parenting Talk (Session – 4)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on **24th April, 2025** from **4:00 PM to 5:00 PM** through Google Meet.



The session was conducted on the topic “*Parenting: Sahityik Pratibhanu Ghadatar ane Chantar (Development and Nurturing of Literary Talent).*”

The aim of the session was to guide parents on how to identify and nurture literary and creative abilities in children.

The key speaker, **Shri Nitinkumar Dhadhodra**, Lecturer at Gujarat Vidyapith, Ahmedabad, delivered an insightful and engaging session. He emphasized the importance of

creating a conducive environment at home that fosters reading, writing, and creative expression among children.

The session covered important aspects such as:

- Identifying literary talent in children
- Encouraging reading and writing habits
- Role of parents in nurturing creativity
- Creating a supportive environment for expression

The program was effectively conducted by **Shri Jaydev Dhandhiya (Secondary Teacher)** and **Dr. Krunal Panchal (Assistant Professor)**, ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **78 beneficiaries** attending online and benefiting from the discussion.



Children's Research University, Gandhinagar
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Report on Online Parenting Talk (Session – 5)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an Online Parenting Talk on **19th June, 2025** from **4:00 PM to 5:00 PM** through Google Meet.



The session was conducted on the topic “*Parenting: Neuro Parenting.*” The aim of the session was to provide parents with an understanding of brain-based parenting approaches and their impact on children's learning, behavior, and development.

The key speaker, **Dr. Vishal Bhadani**, Vice Chancellor of Lokbharti Gram Vidyapith, Sanosara, delivered an insightful and informative session. He explained how neurological development influences children's behavior and how parents can adopt strategies that align with brain development for effective parenting.

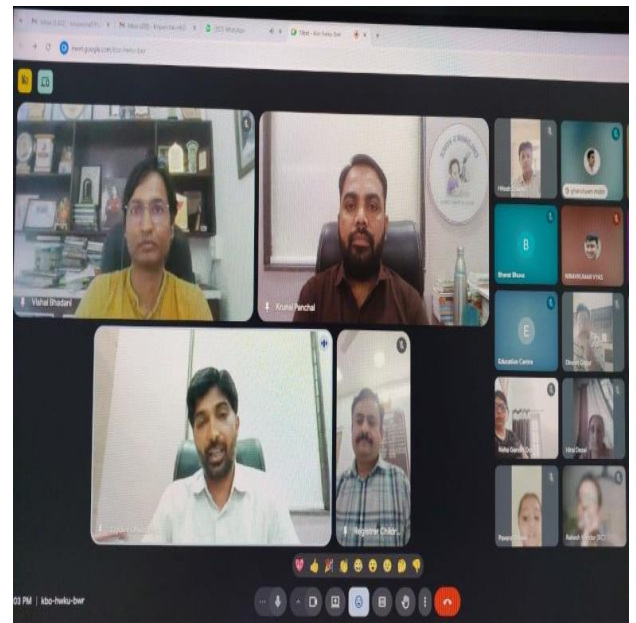
The session covered important aspects such as:

- Understanding brain development in children
- Applying neuroscience in parenting practices
- Managing behavior through brain-based approaches
- Enhancing learning and emotional development

The program was effectively conducted by **Dr. Jaydev Dhandhiya** (Secondary Teacher) and Dr. Krunal Panchal (Assistant Professor), ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed remarkable participation, with more than **200 beneficiaries** attending online and benefiting from the discussion.



Children's Research University, Gandhinagar
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Report on Online Parenting Talk (Session – 6)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an Online **Parenting Talk** on **10th July, 2025** from **4:00 PM to 5:00 PM** through Google Meet.



The session was conducted on the topic “*Parenting: Parivarni Pathshala (Family as a Learning Space)*.” The aim of the session was to highlight the role of the family as the first and most important learning environment for a child.

The key speaker, **Dr. Chhayaben Parekh**, a trainer, facilitator, and educationist, delivered an insightful session. She emphasized how everyday family interactions contribute to a child's values, learning habits, and overall personality development.

The session covered important aspects such as:

Role of family in early learning and development

Creating a positive and value-based home environment

Importance of daily interactions in shaping behavior

Encouraging learning through family engagement

The program was effectively conducted by **Dr. Jaydev Dhandhiya** (Secondary Teacher) and **Dr. Krunal Panchal** (Assistant Professor), ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **85 beneficiaries** attending online and benefiting from the discussion.

Children's Research University, Gandhinagar
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Report on Online Parenting Talk (Session – 7)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on **21st August, 2025** from **4:00 PM to 5:00 PM** through Google Meet.



The session was conducted on the topic “*Parenting: Parentingni Badlati Paribhasha (Changing Dimensions of Parenting)*.” The aim of the session was to help parents understand the evolving nature of parenting in today's rapidly changing social and cultural context.

The key speaker, **Dr. Kanubhai Karkar**, a retired principal and eminent speaker, delivered an insightful and thought-provoking session. He discussed how parenting approaches have transformed over time and emphasized the need for adaptability and awareness among parents.

The session covered important aspects such as:

- Evolution of parenting practices
- Understanding modern challenges in parenting
- Adapting to changing social and cultural dynamics
- Building strong and supportive parent-child relationships

The program was effectively conducted by **Dr. Jaydev Dhandhiya (Secondary Teacher)** and **Dr. Krupal Panchal (Assistant Professor)**, ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **114 beneficiaries** attending online and benefiting from the discussion.

Children's Research University, Gandhinagar
Department of Community and Special Education

Report on Online Parenting Talk (Session – 8)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on **4th September, 2025** from **4:00**

PM to 5:00 PM through Google Meet.

The session was conducted on the topic *“Parenting: Balak Mate Shikshan ke Shikshan Mate Balak? (Education for the Child or Child for Education?).”* The aim of the session was to encourage parents to reflect on the purpose of education and to promote a child-centered approach in parenting and learning.

The key speaker, **Shri Rakesh Nadiyasar**, a nationally awarded best teacher, delivered an engaging and insightful session. He emphasized the importance of understanding

the child's needs, interests, and abilities rather than imposing rigid educational expectations.

The session covered important aspects such as:

- Child-centered approach in education
- Understanding individual learning needs
- Balancing academic expectations and overall development
- Encouraging creativity and independent thinking

The program was effectively conducted by **Dr. Jaydev Dhandhiya (Secondary Teacher)** and **Dr. Krunal Panchal (Assistant Professor)**, ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **128 beneficiaries** attending online and benefiting from the discussion.



Children's Research University, Gandhinagar
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Report on Online Parenting Talk (Session – 9)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on **11th September, 2025** from **4:00 PM to 5:00 PM** through Google Meet.



The session was conducted on the topic “*Parenting: Tandurast Jivannu Rahasya – iSMART Lifestyle (Secret of Healthy Living – iSMART Lifestyle).*” The aim of the session was to guide parents on promoting healthy lifestyle habits among children for their overall physical and mental well-being.

The key speaker, **Dr. Nishchal Bhatt**, a senior pediatrician and adolescent health consultant, delivered an informative and practical session. He emphasized the importance of adopting a balanced lifestyle and explained how parents play a vital role in shaping children's health-related habits.

The session covered important aspects such as:

- Importance of healthy lifestyle habits
- Role of nutrition, sleep, and physical activity
- Managing screen time and daily routine
- Promoting mental and emotional well-being

The program was effectively conducted by **Dr. Jaydev Dhandhiya (Secondary Teacher)** and **Dr. Krunal Panchal (Assistant Professor)**, ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **115 beneficiaries** attending online and benefiting from the discussion.

Children's Research University, Gandhinagar
Department of Community and Special Education

Report on Online Parenting Talk (Session – 10)

The Department of Community and Special Education at Children's Research University, Gandhinagar, successfully organized a **Parenting Talk** titled “*Holistic Understanding of Child Rearing*” on **27th November, 2025 (Thursday)** at **4:00 PM**.



The session focused on the theme “**Positive Parenting in the Digital Age**”, addressing the challenges and responsibilities of parents in today's technology-driven world. The program was organized by **Dr. Krunal Panchal** and **Mr. Jaydev Bhai**.

The keynote speaker for the session was **Dr. Anjana Chauhan, Assistant Professor (Psychology)**, who delivered an insightful and informative talk. She elaborated on the impact of digital exposure on children's development and emphasized the importance of maintaining a healthy balance between technology use and overall well-being.

During the session, the speaker highlighted several important aspects, including:

- Effective management of children's screen time
- Constructive and educational use of digital tools
- Building positive communication between parents and children
- Supporting children's emotional and psychological development

The session was interactive, with participants actively engaging in discussions and sharing their concerns. The practical examples and strategies shared by the speaker were highly appreciated by the attendees.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

Approximately **90 beneficiaries** participated in the program and gained valuable insights into adopting positive parenting practices in the digital era.

Children's Research University, Gandhinagar
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Report on Online Parenting Talk (Session – 11)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized an **Online Parenting Talk** on **12th February, 2026** from **3:00 PM to 4:00 PM** through Google Meet.



The session was conducted on the topic “*Parenting: Importance of Music in Child Development.*” The aim of the session was to highlight the role of music in enhancing children's cognitive, emotional, and social development.

The key speakers, **Dr. Hayatiben Vaidya (Assistant Professor – Music)** and **Shri Hardik Bhatt (Secondary Teacher – Music)** from Children's Research University, Gandhinagar, delivered an engaging and informative session. They emphasized how music can be used as an effective tool for learning, expression, and overall personality development in children.

The session covered important aspects such as:

- Role of music in cognitive and emotional development
- Enhancing creativity and expression through music
- Use of music in daily learning activities
- Importance of integrating music in child upbringing



The program was effectively conducted by **Dr. Jaydev Dhandhiya (Secondary Teacher)** and **Dr. Krunal Panchal (Assistant Professor)**, ensuring smooth coordination of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session witnessed active participation, with approximately **114 beneficiaries** attending online and benefiting from the discussion.

Children's Research University, Gandhinagar
Department of Community and Special Education

Report on Online Parenting Talk (Session – 12)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized a **Parenting Talk** on **26th February, 2026** through Google Meet (Online Platform).

The theme of the session, *"Every Child Matters,"* focused on recognizing the uniqueness of every child and promoting inclusive and supportive parenting practices. The session aimed to sensitize parents towards understanding children's individual needs and nurturing their overall development.

The key speaker, **Prof. Sanjay Gupta**, delivered an insightful session highlighting the importance of empathy, awareness, and practical parenting strategies in today's dynamic environment.

The session covered important aspects such as:

- Understanding individual differences among children
- Promoting emotional and psychological well-being
- Encouraging positive parenting practices
- Creating a supportive and inclusive environment for children



The program was effectively coordinated by **Dr. Anjana Chauhan** and **Mr. Jaydev Dhandhiya**, ensuring smooth organization and active participation.

he session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor, Registrar (I/c), and Head of the Department, who provided valuable guidance and support.

The session was interactive and engaging, with approximately **90 beneficiaries** participating and gaining valuable insights.

The program



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Report on Online Parenting Talk (Session – 13)

The Department of Community and Special Education, Children's Research University, Gandhinagar, successfully organized a **Parenting Talk** on **16th April, 2025** (Thursday) from 4:00 PM to 5:00 PM.

The session was based on the theme “*Mental Health First Aid for Parents*,” emphasizing the crucial role of parents' mental well-being in the healthy growth and development of children. The program aimed to sensitize parents about maintaining their own emotional and psychological balance as a foundation for effective parenting.



The key speaker, **Shri Naresh Trivedi**, Executive Director of Moments Mental Health and Rehabilitation Center, delivered an insightful and thought-provoking session. He highlighted how parents' mental health directly influences children's behavior, emotional stability, and overall personality development.

The session covered important aspects such as:

- Importance of parents' mental health in child development
- Creating a positive and emotionally supportive home environment
- Effective and empathetic communication with children
- Managing stress and emotional challenges in parenting

The program was effectively coordinated by **Dr. Anjana Chauhan** and **Dr. Krunal Panchal**, ensuring smooth organization of the session.

The session was held under the chairmanship of **Dr. Nilesh Pandya**, Associate Professor and Head of the Department, who provided valuable guidance and support.

The session was interactive, with approximately **80 beneficiaries** participating and gaining valuable insights into mindful and mentally healthy parenting practices.