

Department of Prenatal care

Annual Report

2025-26

1. Dhanyo Gruhashthram (Couple training)

The 'Dhanyo Gruhashthram (Conception to Childbirth)' program was organized by the Prenatal Care Department, Children's Research University, Gandhinagar on 29/07/2025 from 09:30 AM to 02:00 PM at the Town Hall, Sector-17, Gandhinagar. The program was graced by the inspiring presence of Shri Acharya Devavratji, Hon. Governor of Gujarat State; Smt. Bhanuben Babariya, Minister, Women and Child Welfare Department; Smt. Miraben Patel, Mayor, Gandhinagar; Smt. Shilpaben Patel, President, District Panchayat Gandhinagar; Smt. Reetaben Patel, MLA Gandhinagar (North); and Dr. Hitesh Jani, Chancellor, Gau Vishwavidyalaya.

The main objective of this program was to guide newly married and child-wishing couples on proper physical, mental, and spiritual preparation for childbirth based on ancient Indian knowledge systems, modern scientific understanding, and Ayurveda-based lifestyle practices. Approximately 800 couples from across the state participated in this program.

Children's Research University works in various dimensions to build an excellent society through the integration of India's ancient traditions and modern science. Every parent wishes that their child becomes a person of great character, but for that, it is necessary for the husband and wife to understand what preparation they need to make physically, mentally, or spiritually to become parents. For this, the University frequently organizes awareness programs and training sessions to guide couples. As part of this series, on July 29, 2025, under the chairmanship of Shri Acharya Devvratji, Honorable Governor of Gujarat State, the 'Dhanyo Gruhashthram' program had been organized. Smt.

Bhanuben Babariya, Hon. Minister, Social Justice and Empowerment, Women and Child Welfare, at this program were chaired. Around 700 participants attended the program.

Students and teachers from many educational institutions were present. A large number of ASHA workers and Anganwadi sisters were also present. The program's president, Shri Acharya Devvratji, gave an impactful speech on ancient traditions and prenatal education. Ayurvedic doctors Dr. Hiteshbhai Jani and Dr. Karishma Narwani presented references related to Ayurveda, prenatal education, and diet and lifestyle. Gynaecologist Dr. Darshak Bhimani discussed pregnancy planning and precautions. Dr. Dipak Teraiya conducted a well-focused discussion on harmony and communication in marital life. The Vice-Chancellor Dr.T.S.Joshi welcomed all the guests and spoke about the work and special features of the university's prenatal department.





અમદાવાદ 30-07-2025

PARENTING INSIGHTS

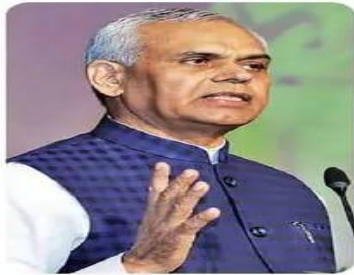
આચાર્ય દેવવ્રતે પેરેન્ટિંગ, બાળકોની આદતો પર વાત કરી

બાળપણના સંસ્કાર ભવિષ્ય સર્જે છે

જન્મના 6 મહિના સુધી, માતાના ખોરાકની અસર બાળક પર રહે છે

ગાંધીનગર: 'વિદ્વાન સિગ્મંડ અનુસાર, જ્યાં સુધી બાળક માના ખોળામાં રહે, ત્યારે જ તેને સંસ્કાર આપો. કારણ કે, તે સંસ્કાર ભવિષ્યનું નિર્માણ કરે છે. જો પેરેન્ટ્સ વિચારે કે, બાળકોને ખબર નહીં પડે, તો એ સમજો કે, તેમને તમારાથી પણ વધારે ખબર પડે છે. કારણ કે, તેમનું કામ માત્ર અવલોકન કરવું છે. માતાએ તે સમજવું જોઈએ કે, જન્મના 6 મહિના પછી પણ, માના ખોરાકની અસર બાળક પર રહે છે' આ શબ્દો છે, રાજ્યપાલ આચાર્ય દેવવ્રતના 'જેમણે, વિદ્વાન સિગ્મંડ યુનિવર્સિટીની 'ધન્યોગૃહસ્થાશ્રમ'માં પેરેન્ટિંગ વિશે વાત કરી હતી.

પેરેન્ટ્સે બાળકને પ્રોફેશનલ નહીં, યોગ્ય માનવ બનાવવા મહેનત કરવી જોઈએ



• આચાર્ય દેવવ્રત, રાજ્યપાલ, ગુજરાત

દરેક માતા-પિતાની બધી જ એનર્જી બાળકને ડોક્ટર, એન્જિનિયર, પાયલટ, બિઝનેસમેન બનાવવામાં લાગી છે, પરંતુ યોગ્ય માણસ બનાવવા પર કોઈ મહેનત નથી કરતું. જેના પરિણામે વિશ્વમાં સંવેદનશીલતા, નમ્રતા, માનવતા જોવા નથી મળતી. આજે દેશ એકબીજા સાથે લડી રહ્યાં છે, ભાઈ-ભાઈ લડી રહ્યાં છે, પતિ-પત્ની લડી રહ્યાં છે. આપણે એવો સમાજ ઉભો કર્યો છે, જેમાં સૌમ્યતા, નમ્રતા, દયા, ઉપકારની ભાવના નથી. ફક્ત ઈર્ષ્યા, મારવાડ, દ્રેષ છે.

કમાલ તો એ છે કે, આપણે તેને ધર્મ સાથે જોડ્યા છે. એક વ્યક્તિ બીજા વ્યક્તિનો આધાર બનવો જોઈએ. પણ આજે આપણે ફક્ત એ જ ધર્મ માનીએ છીએ કે, જે વ્યક્તિ આપણા વિચારોને નહીં માને તેને ધરતી પર રહેવાનો અધિકાર

નથી. આ કેવી માનવતા છે. આપણે વિચારવું જોઈએ કે સાયન્ટિસ્ટ્સે કેટલાંય આવિષ્કાર સુખ અને સુવિધાઓ માટે કર્યા છે. જેનાથી જો માનવ એકબીજાનો આધાર બની રહે, તેમાં પ્રેમ, સહિષ્ણુતા, કડુણા હોય તો શું પૃથ્વી જ સ્વર્ગ ન થઈ જાય? પરંતુ, આ સ્વર્ગને માનવીય વિચારધારાએ નર્ક બનાવી દીધું છે.

આપણે આ વસ્તુ જાણવી જોઈએ કે બાળક 4-5 અઠવાડિયા બાદ ઓંપથી જોઈ શકે છે. પરંતુ, ગર્ભમાં 7મા મહિનાથી જ બાળક સાંભળવાની શરૂઆત કરી દે છે. તે સમયે પેરેન્ટ્સ શું કરે છે, શું બોલે છે, ઝથ ડો કરે છે વગેરે જેવી બાબતો ગર્ભસ્થ બાળક અનુભવ કરે છે. માતા-પિતા જે વાતાવરણ આપે છે, બાળક તે ગર્ભમાં જ શીખવાનું શરૂ કરે છે. માટે જ ગર્ભમાં બાળકને યોગ્ય વાતાવરણ આપવું ખૂબ જરૂરી છે.

1. આ ધરતી પર અસંખ્ય પ્રાણી છે. આપણાં ધર્મશાસ્ત્રએ આ અસંખ્ય પ્રાણીમાંથી મનુષ્યને સર્વશ્રેષ્ઠ પ્રાણી માન્યો છે. તેથી, બાળકને પણ તે પ્રકારના જ સંસ્કાર આપવા જોઈએ. જો આપણે શ્રેષ્ઠ છીએ, તો ધરતીની પ્રકૃતિ પણ આવી રહેશે. ક્લાઈમેટ પણ યોગ્ય રહેશે અને સુખ-શાંતિ પણ ઠરશે.

2. સિસર્ય સ્કોલર ક્રિચિનો અપર્લેશ શબ્દ છે. ભારતના દરેક ક્રિચિ સિસર્ય સ્કોલર જ હતા. તેથી તેમણે 16 સંસ્કાર બનાવ્યાં. જો તમે, ગર્ભાવસ્થા અને બાળપણમાં જ બાળકોને તે સંસ્કાર આપશો તો, તે સાચા અર્થમાં મનુષ્ય બનશે. પરંતુ જો માનવ જ માનવ ન રહ્યો, તો બધું જ હોવા છતાં પણ ધરતી નર્ક બની જશે.

3. ગર્ભાવસ્થા દરમિયાન, બાળકના જન્મ બાદના 6 મહિના માતાએ ભોજનમાં ધ્યાન રાખવાની જરૂર હોય છે. કારણકે, જો માતા જ યોગ્ય આહાર ન લે અથવા તો ભેજસેળવાળો આહાર લે તો, બાળકના સ્વાસ્થ્ય પર વિપરીત અસર થઈ શકે છે. તેથી પૌષ્ટિક અને ઘસનો જ આહાર લેવો જોઈએ.

4. 'ધન્યોગૃહસ્થાશ્રમ' એ એવી ગૃહસ્થ જીવનશૈલી છે, જેને ધર્મ, નૈતિકતા, જવાબદારી અને સાત્વિક જીવનમૂલ્યો સાથે જીવતા શીખવાડે છે. કારણ કે, તેમાં પરિવારના લાભ સાથે જ સમાજ અને ધર્મ માટે પણ યોગદાન રહેલું છે. માટે જ ગર્ભમાં બાળકને યોગ્ય વાતાવરણ આપવું ખૂબ જરૂરી છે.



ગાંધીનગર 30-07-2025

દેશની ભાવિ પેઢીને સજ્જન, સંવેદનશીલ, સત્યવાદી માનવી બનાવો : રાજ્યપાલ બાળક માતાપિતા, સમાજ અને શિક્ષણ પ્રણાલીથી મહાન માણસ બની શકે

ભારતભરપૂરા | ગાંધીનગર

સમાજ, રાષ્ટ્ર અને વિશ્વમાં શાંતિ ત્યારે જ શક્ય બનશે જ્યારે આપણે ભવિષ્યની પેઢીને માત્ર ડોક્ટરો, એન્જિનીયરો, અધિકારીઓ જ નહીં પરંતુ સજ્જન, સંવેદનશીલ અને સત્યવાદી માનવી બનાવવાને પ્રાથમિકતા આપીએ તેમ રાજ્યપાલે ચિદ્વન રિસર્ચ યુનિવર્સિટી ખાતે યોજાયેલા ધન્યોગૃહસ્થાશ્રમ યુગલ માર્ગદર્શન કાર્યક્રમમાં જણાવ્યું હતું. વધુમાં માનવ નિર્માણ માટેની પ્રથમ પ્રયોગશાળા પરિવાર છે. માતા-પિતા તે પ્રયોગશાળાના વૈજ્ઞાનિકો



હોવાથી બાળકોમાં સંસ્કારોથી જન્મજયંતીને યાદ કરતા સિંચવાથી બાળક ભવિષ્યમાં સમાજ, રાષ્ટ્ર અને માનવતાના કલ્યાણનો આધાર બની શકે છે. ચિદ્વન રિસર્ચ યુનિવર્સિટી ખાતે યોજાયેલા ધન્યોગૃહસ્થાશ્રમ યુગલ માર્ગદર્શન કાર્યક્રમમાં ઉપસ્થિત રાજ્યપાલ આચાર્ય સંશોધનો કર્યા હતા. તેમને જ્ઞાન દેવવ્રતે મહર્ષિ ચરકની હતું કે, જો માનવોને ખરેખર

‘માનવ’ બનાવવામાં આવે, તો પૃથ્વી પર જ સ્વર્ગ ઉતરી શકે તેમ છે. પરંતુ જો માનવતાનો અભાવ હોય તો આ પૃથ્વી નર્ક બની શકે છે. બાળકનું નિર્માણ માતાના ગર્ભથી શરૂ થાય છે. ભારતના ઋષિમુનિઓએ ‘સંસ્કાર’ની પ્રક્રિયાને માત્ર એક સામાજિક વિધિ તરીકે નહીં પણ એક વૈજ્ઞાનિક પ્રણાલી તરીકે રજૂ કરી હતી. ગર્ભધારણથી અગ્નિસંસ્કાર સુધીના 16 સંસ્કારોનો ખ્યાલ આપવામાં આવ્યો હતો જેથી માણસ માત્ર શરીરથી જ નહીં પરંતુ ગુણોમાં પણ શ્રેષ્ઠ બને છે. આજની સમસ્યા એ નથી કે સંસાધનોનો અભાવ છે. પરંતુ સંવેદનશીલતા, સહિષ્ણુતા, કરુણા અને પ્રેમનો અભાવ છે. સમાજ, રાષ્ટ્ર અને વિશ્વમાં શાંતિ ત્યારે જ શક્ય છે. જ્યારે આપણે ભવિષ્યની પેઢીને માત્ર ડોક્ટરો, એન્જિનિયરો, અધિકારીઓ જ નહીં પરંતુ સજ્જન, સંવેદનશીલ અને સત્યવાદી માનવી બનાવવાને પ્રાથમિકતા આપવી જોઈએ. જેમ સામાન્ય લોખંડ અને પ્લાસ્ટિક વિજ્ઞાનના સ્પર્શથી માર્ફકોલન જેવા ઉચ્ચ ગુણવત્તાવાળા ઉપકરણમાં પરિવર્તિત થાય છે, તેવી જ રીતે, જો એક સામાન્ય બાળકને માતાપિતા, સમાજ અને શિક્ષણ પ્રણાલી તરફથી યોગ્ય સંસ્કાર મળે, તો તે મહાન માણસ બની શકે છે.

2. BISAG Lectures Recording, Editing and Telecasting by the prenatal care department: BISAG Lectures Recording, Editing and Telecasting.

More than 165 lectures have been telecasted during last one year. Scholars from all over the Gujarat state, came to deliver an expert lecture regarding Garbha Samskar. Subjects like mental and physical health, 16 Samskar tradition, role of food habits, Ayurved and Prenatal care, importance of Yoga, exercise, Puzzle and mind game. These lectures are basically prepared for pregnant women. BISAG (Vande Gujarat- channel-05) lectures are being telecast 03 days per week for one hour. Venue of the Activity- BISAG studio, Gandhinagar Total Beneficiaries (Viewers) are more than 24000. About 1,000 spectators are added to it every month. Awareness for Pregnant women and planning couples.

3. Ortentation program with the staff of K.R. Shroff Institute: On the date of 26/3/25 for the expansion work of the Tapovan Center and the Child Counseling Center, direct training was provided to the counselors of the Dr. K.R. Shroff Foundation at Vadali and Bhiloda in the Sabarkantha district. The Dr. K.R. Shroff Foundation works generously in education and service activities in Gujarat. Accompanying us on the visit was Rajendra Jani from the Dr. K.R. Shroff Foundation. Through them, children up to 6 years old in government primary schools are given curriculum-based education and life skills education. A Memorandum of Understanding (MOU) has been made with this organization, through which Tapovan and Child Counseling work will be carried out in different parts of Gujarat from time to time. In this context, as part of the initial planning, this training work has been started.

Training and Orientation Activities - Dr. K. R. Shroff Foundation provided 2-hour guidance to the counselor sisters about the Tapovan Center and the Child Counseling Center. It included an introduction to the organization and an explanation of the work of both departments. The fundamental ideas and working methods regarding Tapovan and Child Counseling were explained. This visit was aimed at preparation for pregnant mothers and the overall development of young children in the village. A question-and-answer session was also organized. It can be hoped that after detailed training in the future, these counselor sisters will certainly extend the work of the organization to many people in the community.



- 4. MoU Implementation:** Year-long planning has been done to reach the idea of the Prenatal Development through an MOU at 24 Institutes in Gujarat. Renowned institutions of Gujarat have joined under the guidance of the Honourable Vice-Chancellor. Institutions such as N. J. Charitable Trust, Surat, K. R. Shoff Foundation, Gujarat, Jyoti eye Hospital, Visnagar and Rajshobhag Trust, sayala among others, are prominent. These institutions are carrying out the work of prenatal development very systematically. Total Beneficiaries (Pregnant women) are more 250 yearly.

Fundamentally, this MoU is carried out by the CRU as part of the plan to take the work of the prenatal CARE department to the final position in the state. Under this MoU, daily two-hour activities are conducted at the prenatal development centre, which mainly include activities related to prayer, yoga, prenatal communication, puzzles, art and craft, Tapovan songs, and musical activities. Some institutions are

currently working at the planning level. In total, so far, about 24 institutions have joined the university in carrying out prenatal education work.



5. Outreach activity: As part of the outreach activities at the Environmental Cleanliness Organization, Sughad, Gandhinagar, visits were conducted four times. More than 100 pregnant mothers and women planning pregnancies from nearby villages also attend these sessions. The organizer of this organization, Mr. Jayeshbhai Patel, arranges snacks and excellent guidance for these women. They are informed about diet and exercise, mental health, and preparations to be made during pregnancy.



6. Nursing College students visit: On 04-08-2025, around 60 students from Bharat Nursing College, Rasana, Deesa visited the university. The program was attended by the staff of Bharat Nursing College, Mrs. Dipanshi Nai and Bhavini Ben Prajapati. Dr. Sunilkumar Jadav provided a detailed introduction to the university and its various departments. Additionally, Dr. Jalpaben Patel, Rajshreeben, Divyaben Raval, Mr. Rajesh Vansadadiya, and Dr. Ronakkumar Parmar gave a direct introduction and detailed information about the Tapovan Center, Child Counseling Center, Toy Innovation, and Vidya Vatika, respectively. The entire visit program was organized and managed by Dr. Sunilkumar S. Jadav, a faculty member of the Prenatal Care Department.

On Thursday, 13-11-2025, about 116 students and 5 faculty members from Chanchalben Mafatlal Patel college of Nursing, Gandhinagar visited the university. Dr. Rakesh Patel gave a brief introduction about university and various departments of the university. After that Dr. Chirag Darji gave detailed information about information with PowerPoint presentation. After that Dr. Jalpaben Patel divided

students in to two groups and gave instruction about visit of various departments. This includes Tapovan Center, Shishu Paramarshan Center, Toy Innovation lab, Toy Library, Atal lab and Vidya Vatika. Dr. Jalpaben Patel, Dr. Rupam Upadhdhya, Shri Rajesh Vansdadiya, Mr. Harsh Rajgor and Dr. Ronakkumar Parmar gave detailed information about various departments respectively. The entire visit program was conducted by Dr. Jalpaben K. Patel.





7. Simantonnayan Sanskar- The Seventh Group Simantonnayan Sanskar Program was organized at Children's Research University, Gandhinagar. On the date 01-05-2025 at 8:00 AM, Children's Research University, Gandhinagar organized the Seventh Group Simantonnayan Sanskar Program for pregnant sisters who are beneficiaries of Tapovan Center as well as other pregnant sisters outside the Tapovan Center. On this sacred and Vedic ritual occasion, the auspicious ceremony was completed through chanting of mantras and special rituals for the health, happiness, and affectionate life of the expectant mothers and their unborn children. A total of 25 couples had pre-registered for this program, out of which 22 couples were present in person and participated in the program. For the purpose of ensuring the physical and mental health of the pregnant sisters and their unborn children, the Simantonnayan Sanskar was performed by learned Brahmins with Vedic chanting and rituals. For this purpose, the entire

organization was conducted under the guidance of the Honorable Vice-Chancellor of Children's Research University, Dr. T. S. Joshi.

The Simantonnayan Sanskar ceremony was performed by Shri Jaydev Dhandhiya. According to Vedic traditions and Ayurveda, this ritual is considered very important for the unborn child. During this ceremony, guidance was also provided regarding the necessary diet, meditation, and rituals for the health of the mother and child and for the balanced development of the child during pregnancy. More than 60 people were present on this occasion. The program was organized by Dr. Vrundan Jayswal (coordinator) and Dr. Jalpaben Patel (co-coordinator) to ensure the success of the ceremony. Dr. Rakesh Patel, the head of the department, provided guidance for the entire program. At the end of the ceremony, each pregnant woman was presented with a certificate from the Children's Research University. This ritual was completed with the intention of providing physical and mental well-being to both the mother and the unborn child.



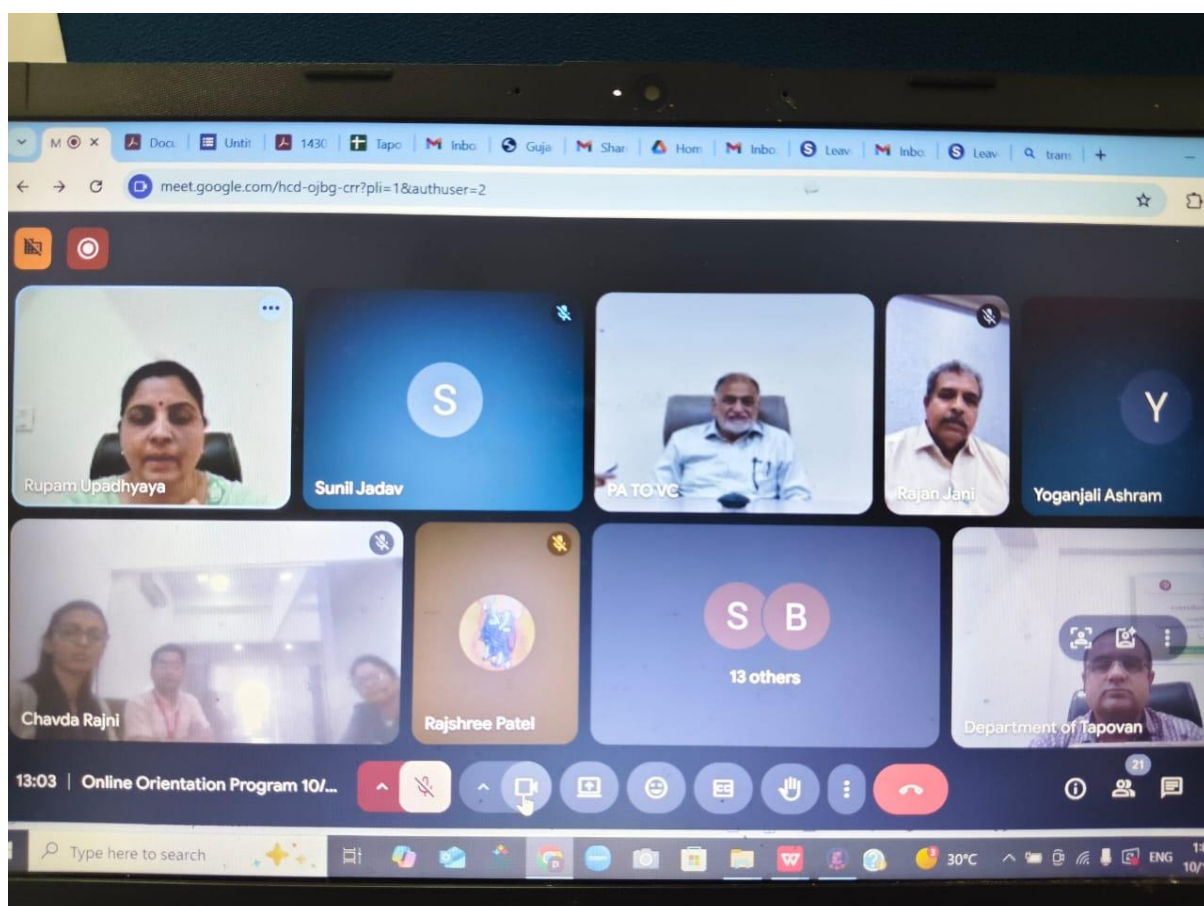
8. Simmantonayan Samskar -The 8th mass Simantonnayan Sanskar program was organized for the pregnant women beneficiaries of Tapovan Kendra at Children's Research University, Gandhinagar on 02-09-2025 at 8:00 AM. A total of 26 couples had pre-registered for this program, out of which 25 couples attended the program in person. With the aim of ensuring the physical and mental health of the pregnant women and their unborn child, the Simantonnayan Sanskar was conducted with Vedic mantras and rituals. For this purpose, the entire planning was done under the guidance of the Honorable Vice Chancellor of Children's Research University, Dr. T. S. Joshi Sir. The ceremony of Simantonnayan Sanskar was completed by Shri Jayadev Dhandhiya.

More than 65 people were present on this occasion. To make the Simantonnayan Sanskar program a success, Dr. Vrundan Jaiswal (Convenor) as well as Dr. Jalpaben Patel and Dr. Sunilkumar Jadav (Co-Convenors) organized it well. The Head of the Department, Prof. Rakesh Patel, provided guidance for the entire program. At the end of the program, each pregnant sister was given a certificate from the Children's Research University. This ritual was completed with the aim of providing physical and mental well-being to the mother and the unborn child through this sanskar.



9. Online meeting with MoU Institutes counsellor and Administrators

On October 10- 2026 an online awareness program was organized under the chairmanship of the Vice-Chancellor by the Prenatal Department for the exchange of information. The department's teachers provided information about various activities. Each institution reported on its operations. Institutions that have not yet started Tapovan in the near future will begin their activities. The teachers provided guidance on the necessary forms for Tapovan activities, Tapovan activities themselves, and topics such as yoga and so many. This online program was organized for the information of the organizers of the institution associated with the MoU and the officials of the institution. In it, directors of 15 such institutions participated.



10. Extension Activity- Damaptti Sannelan (Couple Training) (Mahesana)

A comprehensive awareness program was organized on **30/11/2025**, from **3:00 PM to 6:00 PM**, focusing on Ayurveda, Garbh Science, and healthy progeny development. The event attracted a diverse group of **newly married couples, planning couples, and pregnant women**, forming a normal and highly enthusiastic gathering. A total of **245 participants** remained present throughout the session, making the program highly impactful. The event was chaired by **Dr. T. S. Joshi**, Vice Chancellor of the Children's Research University, whose presence added significance and encouragement to the initiative.

The keynote address was delivered by **Dr. Hitesh Jani**, Provost of Gau Pratishtanam, Gandhinagar. His session was one of the major highlights of the event, covering vital topics such as **Ayurveda, Garbh Science, DNA Programming**, and various scientific–Ayurvedic principles important for healthy child development. He explained essential Ayurvedic practices like **Deepan, Pachan, Snehan, and Svedan**, shedding light on their role in physical and mental well-being of expecting mothers. Dr. Jani discussed in detail the concept of **Shadbhav** and its contribution to the formation and development of the fetus. The theory of **Panchakosha**, its layers of human existence, and relevance in strengthening the child's physical, emotional, and spiritual foundation were also emphasized. Furthermore, he provided insights into **Gotra detailing** and the traditional-scientific understanding behind lineage-based characteristics. His overall message strongly highlighted the methods for achieving **strong and healthy child progeny**, integrating Ayurveda with modern prenatal understanding.

In addition to the keynote session, **Dr. Joshi**, the Vice Chancellor, addressed the gathering and shared valuable information regarding the **University's work profile**, ongoing research activities, and new developmental initiatives undertaken by the institution. His speech added academic depth and broadened the participants' understanding of institutional contributions in child research. Another important speaker, **Dr. Vrundan Jayswal**, delivered an informative session on **Prakruti Parikshan**, explaining how individual constitution

assessment plays a crucial role in personalized Ayurvedic healthcare, especially during preconception and pregnancy stages.

The entire program was smoothly coordinated by **Prof. Rakesh Patel**, HOD, Prenatal Care, whose dedicated efforts ensured excellent flow and management of all activities. The event was hosted by **Kaveri International School**, which played a central role in providing the venue and organizational support. Trustee **Shri Ashvinbhai Patel** extended significant cooperation, along with other trustees including **Dr. Chiragbhai Patel**, who contributed immensely to the success of the event. Members of the **Lions Club**, school principals, and staff members also participated and assisted throughout the program, adding strength to the organizational framework.

Overall, the participants highly appreciated the scientific, Ayurvedic, and practical knowledge shared during the program. The event concluded with gratitude to all speakers, organizers, trustees, and supporting members, reinforcing a shared commitment to continue such meaningful initiatives for the benefit of families and future generations.



11. Extension Activity - Dampati Sammelan (Couple Training) (Visanagar)

A joint initiative of the Rotary Club of Visnagar and Children's Research University, Gandhinagar, a "Tapovan Garbh Sanskar Shibir" was organized for the best offspring on September 21, 2025 at Rotary Bhavan Hall Visnagar from 4 to 6 pm. The main goal of this program was to guide newly married and child-desiring couples to prepare themselves physically, mentally and spiritually for childbearing in a proper manner based on ancient Indian knowledge system, modern scientific understanding and Ayurveda-based lifestyle. A total of more than 85 people, including planning couples, pregnant women and other beneficiaries, benefited from this program. As the chairman of the program, the Honorable Vice Chancellor of Children's Research University, Dr. T. S. Joshi, gave a memorable speech on the importance of Garbha Sanskar in the present times. As the subject experts of the program, the university professors, Dr. Rakesh Patel, Dr. Rupam Upadhyay and Dr. Vrundan Jaiswal provided guidance. On behalf of the Rotary Club of Visnagar, Mr. Rakeshbhai Patel and Mr. J.K. Prajapati informed the survey about the service activities of the Rotary Club. Detailed information was given about the Tapovan Center of Navyug Shishu Niketan School affiliated to Children's Research University by its administrator Shri Sameerbhai Desai. The entire program was guided by the head of the department, Dr. Rakesh Patel. The entire program was managed by Shri Shaileshbhai on behalf of the Rotary Club Visnagar, while Dr. Sunilkumar S. Jadav served as the coordinator of the entire program.





12. Awareness (online) Program: Under the guidance of Honorable Vice-Chancellor Dr. T. S. Joshi, awareness programs for the citizens of the entire Gujarat were organized through BISAG studios. These programs were conducted for ASHA (health) workers and counselor sisters with the cooperation of the health officers, CDHOs, and the health department from the districts of Botad, Bhavnagar, Sabarkantha, Aravalli, and Gandhinagar. Many ASHA worker sisters participated as beneficiaries during program and listen very carefully. The Vice-Chancellor provided detailed information about various programs of the university. Professor Rakesh, Head of the Department and Dr.Vrundan Jayswal provided information regarding Garbh Sanskar and various programs of the Children's University. Many pregnant sisters joined online as beneficiaries and participated. Additionally, a wonderful program was organized at Khedbrahma with the cooperation of the Sabarkantha health department, where information about the university and the prenatal department was given to those present.





- 13.** Informal visit of the Education Minister, Gujarat - On 11/4/26, the Honorable Education Minister of Gujarat, Dr. Pradyumn Vanja, visited and inaugurated the Tapovan Antenatal Education Class. The Tapovan Antenatal Education Center in Sector 29 campus was formally started, and he visited and met the pregnant mothers. On this occasion, the welcome with a bouquet was given by Principal Dr. T.S. Joshi, who also provided information about Tapovan. The entire program was organized with great effort by all the teachers of the Tapovan department, enhancing the prestige of the Tapovan class.



Tapovan Visit – Honorable Education Minister Dr.Pradyumna Vanja



Tapovan centre opening , Sector-29

14. A one-day National Seminar on “A Holistic Perspective on Child Development: A one-day National Seminar on “*A Holistic Perspective on Child Development: From Preconception to Toddler’s Education*” was organized on 17 April 2026 by the Department of Prenatal Care and the Department of Toddler’s Education, Children’s Research University, Gandhinagar. The programme was conducted at the University Seminar Hall, Sector-29, Gandhinagar.

The activity commenced with registration and breakfast, followed by the inaugural session, which included the lighting of the lamp, university song, and welcome of dignitaries. Dr. Rupam Upadhyaya, Head of the Department of Toddler’s Education, presented the seminar overview, outlining its objectives and relevance. Prof. Rakesh Patel, Head of the Department of Prenatal Care, delivered the welcome address and introduced departmental initiatives.

The seminar featured expert lectures focusing on child development, garbhasanskar, early childhood education, Ayurveda, and their integration with modern scientific perspectives. The keynote address by Shri Avanish Bhatnagar emphasized the philosophical and psychological foundations of child development. Dr. Hitesh Jani highlighted the relationship between Ayurvedic principles and contemporary science. The session was chaired by the Vice-Chancellor, Dr. T. S. Joshi.

The afternoon session included a panel discussion with domain experts, followed by research paper presentations conducted in parallel sessions, encouraging academic exchange and critical discussion among participants.

The valedictory session included the presentation of the seminar report, participant feedback, and an inspirational address by Dr. Falgun Patel. The programme concluded with a vote of thanks and certificate distribution. More than 150 participants from various states attended the seminar, and many of them also presented their research papers, making the programme a significant academic initiative promoting holistic perspectives on child development.





ગાંધીનગર 30-01-2026

શહેર-સમાજ

દિવ્ય ભાસ્કર, અમદાવાદ, શુક્રવાર, 30 જાન્યુઆરી, 2026

‘શોધ સેમિનાર સિરીઝ’માં વિદ્યાર્થીઓને પ્રેરણાત્મક માર્ગદર્શન અપાયું ચિલ્ડ્રન્સ રિસર્ચ યુનિવર્સિટીની મુલાકાતે શિક્ષણમંત્રી ત્રિકમ છાંગા, બાળકેન્દ્રિત સંશોધન કાર્યની પ્રશંસા

ભાસ્કરન્યૂઝ | ગાંધીનગર

ઉચ્ચ અને ટેકનિકલ શિક્ષણના રાજ્યકક્ષાના શિક્ષણમંત્રી ત્રિકમભાઈ છાંગાની ચિલ્ડ્રન્સ રિસર્ચ યુનિવર્સિટીની મુલાકાત દરમિયાન બાળકેન્દ્રિત શિક્ષણ, શોધ અને સંશોધન ક્ષેત્રે થઈ રહેલા કાર્યની પ્રશંસા કરવામાં આવી હતી અને વિદ્યાર્થીઓને પ્રેરણાત્મક માર્ગદર્શન આપવામાં આવ્યું હતું. ગાંધીનગર સ્થિત ચિલ્ડ્રન્સ રિસર્ચ યુનિવર્સિટીની આજે રાજ્યકક્ષાના શિક્ષણમંત્રી ત્રિકમભાઈ છાંગાએ મુલાકાત લીધી હતી. આ અવસરે યુનિવર્સિટીના



કુલપતિ ડો. ટી. એસ. જોષીએ તેમનું સ્વાગત કર્યું હતું. શિક્ષણમંત્રીશ્રીએ યુનિવર્સિટીમાં આયોજિત ‘શોધ સેમિનાર સીરિઝ’ના ઉદ્દેશાટન સત્રમાં ઉપસ્થિત રહી વિદ્યાર્થીઓને

સંબોધન કર્યું હતું. તેમણે જણાવ્યું હતું કે, બાળકોના સર્વાંગી વિકાસને કેન્દ્રમાં રાખી કાર્ય કરતી દેશની એકમાત્ર યુનિવર્સિટી તરીકે ચિલ્ડ્રન્સ રિસર્ચ યુનિવર્સિટીનું મહત્વ વિશેષ

છે. ‘વાંચે ગુજરાત’ અભિયાનનો ઉલ્લેખ કરતાં તેમણે શિક્ષણને વ્યક્તિગત વિકાસ અને મૂલ્યવર્ધન સાથે જોડ્યું હતું. શિક્ષણમંત્રીએ કહ્યું હતું કે, શિક્ષણનો અર્થ માત્ર વાંચન-લેખન સુધી સીમિત નથી, પરંતુ વ્યક્તિત્વમાં રહેલી શ્રેષ્ઠ ક્ષમતાને ઉજાગર કરવાનો પ્રયાસ છે. આ પ્રસંગે તેમણે પીએચ.ડી. વિદ્યાર્થીઓ માટે નિર્મિત બે નવા કલાસરૂમનું લોકાર્પણ કર્યું હતું તેમજ તથોવન ગર્ભસંસ્કાર કેન્દ્ર, ટોચ સાયન્સ સેન્ટર સહિતના વિભાગોની મુલાકાત લઈ યુનિવર્સિટીના સંશોધન આધારિત કાર્યોની પ્રશંસા કરી હતી.

ii માણસા ખાતે પી.એમ.સ્વનિધિ યોજના અંતર્ગત

ગાંધીનગર ડિસ્ટ્રિક્ટ કોર્ટ પ્રાંગણમાં પ્રજાસત્તાક દિનની ઉજવણી



ઈન્
20
આ
ગો
ઈન્
ઈન્
દ્વાર
તેમ
બા
ઓ
ઈક
ટેક
આં