

CHILDREN'S UNIVERSITY COURSE TEMPLATE

1. Academic Learning Compact/Academic Learning Plan (ALC/ALP)

Course Title : Counseling Psychology	
Course Code: MAPSYCC-401	No. of Credits: 04
Department/Discipline: Psychology	Faculty: 01
Learning Hours: 60 Lect./Lab./Tuto./Gr.Study/Pri.Study	
Student Quota : 35	
Course Type : Core Core/Elective/Foundation	
Offered in Academic Year: 2018-19	Even Semester: IV

1. Course Objectives

<ol style="list-style-type: none">1. To provide theoretical foundation for counseling practice.2. To understand workplace Counseling concept, Individual employee counseling, Group counseling and School Counseling.3. To acquaint students with modern trends in counseling Psychology.4. To help the trainee counselors to choose appropriate techniques for a particular case.

2. Course Content

Unit	Topics	Content/ Fundamental Concepts	Unit wise SLO
1.	Professional Preparation and Training for Counselor	1.1 The Needs of Counselor for Counseling 1.2 Problems of Counselor's Selection 1.3 The training of Counselor 1.4 Important factors of Counselor training 1.5 Ethics of counseling profession	Student now about Problems of Counselor's Selection. Know about Important factors of Counselor training. Students will know about Ethics of counseling profession.

2.	Counseling Interview	<p>2.1 The Counseling Environment</p> <p>2.2 The Initial Counseling Interview</p> <p>2.3 Counseling Interview Methods</p> <p>2.4 Theories of Counseling Interview</p> <p>2.5 Objective and Benefits of Counseling Interview</p> <p>2.6 Notes of Counseling Interview</p> <p>2.7 The end of Counseling Interview</p>	<p>Know about Counseling Interview Methods.</p> <p>Students will know about Theories of Counseling Interview and end of Counseling Interview.</p>
3.	Using Test in Counseling	<p>3.1 Meaning of Psychological Test</p> <p>3.2 Functions of Test in Counseling</p> <p>3.3 Principles of Using Tests in Counseling</p> <p>3.4 Selection of Tests</p> <p>3.5 Interpretation of Test Material</p> <p>3.6 Using Test Results in Counseling Process</p>	<p>Students will know about Using Test in Counseling.</p>
4.	Career Counseling, Decision Making and	<p>4.1. What is Career Counseling?</p> <p>4.2 Approaches to Career Development</p>	<p>Students will know about Career Counseling.</p> <p>Know about</p>

	Mental Health	4.3 Models of Decision Making 4.4 Career Counseling in Decision Making 4.5 Mental Health – Concept and Field 4.6 A Starting Movement of Mental Health	Decision Making in the Field of Counseling.
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4. Course Teaching & Learning Activities

Lectures (hrs) In/out of Class	Interactive Tutorial (hrs) In/Out	Laboratory (hrs)	Case Discussion (hrs)	Field Trip (hrs)	Projects (hrs)	Web Based Learning (hrs)	Others (hrs)
45	03	NA	03	03	03	03	--
M	O	NA	O	O	O	O	--

M- Mandatory Activity for the course, O-optional Activity, NA-not applicable

5. Assessment Schemes (including rationale)

Task	Time	Description	Weight
1. Group Projects & Seminar Presentation	-	-	05
2. Assignments	-	-	05
3. Internal Exam	-	-	20
4. Final Exams	-	-	70

6. Course Schedule

Class/Week	Date	Topic	Requirements
01 to 04	December	Unit-I	Appeared in semester- IV
05 to 08	January	Unit-II	
09 to 12	February	Unit-III	
03 to 15	March	Unit-IV	

7. Recommended learning Resources

1. Handouts
2. Textbooks/e books
3. Reference books
4. On Line Resources
5. Question Bank

8. Reference Books

1. Patel, S. T. “Salah Manovignan”3rd edition University GranthNirman Board Ahmedabad.
2. George R.L. and Cristiani T.S.“Counselling : Theory and Practice” 4th edition 1995, Allyn and Bacon Co. Boston, U.S.A.
3. George G.“Councelling : They and Practice” 4th edition 1995, Allyn and Bacon Co. Boston, U.S.A.
4. Belkin Gray“An Introduction to Counselling” 3rd edition 1988. W.C.Brown Publishers.
5. Hansen J.C., Stevic R.R. and Warner R.W. “Counselling-Theory and Process” 4th edition 1986, Allyn and Bacon Co. Boston, U.S.A.