

# CHILDREN'S UNIVERSITY COURSE TEMPLATE

## 1. Academic Learning Compact/Academic Learning Plan (ALC/ALP)

<b>Course Title :</b> Project work - I	
<b>Course Code:</b> MAPSYEG-105 A	<b>No. of Credits:</b> 04
<b>Department/Discipline:</b> Psychology	<b>Faculty:</b> 01
<b>Learning Hours:</b> 60 Lect./Lab./Tuto./Gr.Study/Pri.Study	
<b>Student Quota</b> 35	
<b>Course Type:</b> Generic Core/Elective/Foundation/ Generic	
<b>Offered in Academic Year:</b> 2018-19	<b>Odd Semester:</b> I

## 2. Course Objectives

1. To impart knowledge about basic concepts of Project Work.
2. To identify the areas of Research Project and Methods of psychology.

## 3. General Guideline for project work:

1. Area and topic to be selected in consultation with the concerned faculty.
2. Project work should be based on primary data collection.
3. Project work should have analysis of data along with other standard inputs.
4. Project report should not be less 30-60 typed pages following APA Style of Report writing.
5. The assessment of project work:  
30 Marks for internal viva-voice  
70 Marks External (50 Report and 20 External Viva-voice)
6. Assessment pattern:

The Project will be examined by two examiners, one internal (Guide) and other external and the average of the Marks given by two examiners will be the final marks.

The Viva will be conducted by two examiners who have examined the Project of the student concerned.

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### 1. Academic Learning Compact/Academic Learning Plan (ALC/ALP)

<b>Course Title :</b> Psychological Essays	
<b>Course Code:</b> MAPSYEG-105 B	<b>No. of Credits:</b> 04
<b>Department/Discipline:</b> Psychology	<b>Faculty:</b> Arts
<b>Learning Hours:</b> 60 Lect./Lab./Tuto./Gr.Study/Pri.Study	
<b>Student Quota :</b> 35	
<b>Course Type :</b> Generic <b>Core/Elective/Foundation/Generic</b>	
<b>Offered in Academic Year:</b> 2020-21	<b>Odd Semester:</b> I

### 1. Course Objectives

**Course Objective: -**

1. To create an understanding about child development in respect to physiological and environmental factors.
2. To provide conceptual frame work about positive psychology, mental health and adjustment.
3. To create an understanding about techniques of stress management and counselling.

### 2. Course Content

1. Physiological Factors of Child Development
2. Child's Interaction with their Environment
3. Personality Development during Babyhood and Childhood
4. Mental Health :Meaning, Characteristics and Aspects of Mental Health (Merry Johda)
5. Positive Psychology : Meaning ofPositive Psychology, Types of wellbeing,Happiness (Meaning and Types of Happiness)
6. Management of stress: Meaning ofStress,Types of Stress,Causes of Stress, Management of Stress
7. Counselling Techniques
8. Adjustment: Nature of Adjustment Process, Characteristics of Adjustment, Field of Adjustment

#### 4. Course Teaching & Learning Activities

Lectures (hrs) In/out of Class	Interactive Tutorial (hrs) In/Out	Laboratory (hrs)	Case Discussion (hrs)	Field Trip (hrs)	Projects (hrs)	Web Based Learning (hrs)	Others (hrs)
45	03	NA	03	03	03	03	--
M	O	NA	O	O	O	O	--

M- Mandatory Activity for the course, O-optional Activity, NA-not applicable

#### 5. Assessment Schemes (including rationale)

Task	Time	Description	Weight
a. Group Projects & Seminar Presentation	-	-	10
b. Assignments	-	-	10
c. MCQ Test	-	-	10
d. Internal Exam	-	-	20
e. Final Exams	-	-	50

#### 6. Recommended learning Resources

- f. Handouts
- g. Textbooks/e books
- h. Reference books
- i. On Line Resources
- j. Question Bank

#### 7. Reference Books

1. Berk Laura E. (2009), "Child Development" ( 8th Edition ) Pearson Education ( Indian Edition ) , New Delhi.
2. Hurlock, E.B. (1978), Child Development, McgrowHill , New Delhi
3. Patel, C.P. (1993), Child Psychology, Granthnirmal board, Ahmedabad
4. Baron, Robert A. and Byrne, D. (2001). Social Psychology (8th edition) Reprint, New Delhi: Prentice-Hall of India Pvt. Ltd.
5. Patel, S. T. "Salah Manovignan"3rd edition University Granthnirman Board Ahmedabad.

6. Baumgardner, S.R. and Crothers M.K. (2009) Positive Psychology , Pearson New Delhi.
7. Seligman M.E.P. and Csikzentrnhalyi (2009), Positive Psychology : An introduction, American Psychologist.
8. એચ. જે. ભટ્ટ અને એ. એચ ભટ્ટ (૧૯૭૬). 'શૈશવનું મનોવિજ્ઞાન'ગુજરાત, યુનિવર્સિટી, અમદાવાદ.