

# CHILDREN'S UNIVERSITY, GANDHINAGAR

## TAPOVAN RESEARCH CENTER

### ● **Broad Spectrum of work**

Children's University is the only university in the entire world that aims to strengthen the younger generation. It aims to empower the seed from minus nine months to eighteen years.

The University was established in July, 2009 by the visionary Shri Narendrabhai Modi, then C.M. of Gujarat and at present the honorable P.M. of Bharat. He gave the slogan "Every Child Matters".

It is our national need to nurture each child that is born in each and every house of our country. Our goal should be holistic development of children. Children's University strives for holistic development of the child right from the mother's womb. Such care and concern can give to the society good cultured humanbeings, with love and devotion for the nation. Good humanbeings make good citizens and good citizens make great nation.

Tapovan designs and executes projects for the integral development of the child. There is no other place better than mother's lap for growth and development of the child. If the mother knows well about Bhartiya culture and Bhartiya way of life, then the child she bears will be surely bright and radiant.

Children's University unifies scientific realism and aesthetic creativity. We work with the noble mission of cultivating and creating good humanbeings. We have four dimension with synthesis of science and spirituality. These four dimentions are as follows:

- (1) Research
- (2) Education
- (3) Training
- (4) Extension

We have launched and proposed various projects in all four areas. Among all these projects, one of our important projects is 'Tapovan Research Center'. We do research in 'Garbha Vijnyan' and other aspects concerning pregnancy and pregnant mothers.

## ● **Tapovan Research Center**

Our ancient sages gifted the world with science of womb, Garbha-Vijnyan. Our ancient rishis were scientists. They gave the message to the world that mother's can give birth to the child she visualizes. Mothers can conceive pious atman and gift this world with noble men and women.

Expectant mothers have significant part to play in history of human evolution. In Tapovan research center our consideration is integral development of fetus by imparting the knowledge of Garbha Vijnyan and Garbha Shiksan in simple manner. This is possible by specific practices before conceiving, during, pregnancy and after the child-birth.

It is a center for development and implementation of profound and best practices in Garbha-samskara and Garbha-Vijnyan, a center for harmony of family and the expecting mothers.

As stressed earlier the education of the child starts from the mother's womb. While the mother conceives and carries the child in the womb for 280 days the child attains 80 % of knowledge. During this period if the mother adopts good practices like reading of good books, taking part in creative activities etc, then she gives birth to bright and radiant child. According to the Bhartiya Garbha-Vijnyan these 280 days, when the child is in the mother's womb, are very significant for both the mother and the child.

## ● **Activities of Tapovan Research Center**

In Gujarat we started 6 Tapovan Research Centers from 20.10.2010. Now in 2014 we have 12 Tapovan Research Centers. Number of women come for guidance in these centers. We guide the pregnant mothers about the ways of strengthening their aspiration to give birth to child of their dreams. For these services there is no charge at all. These centers look after psycho-physical and spiritual health of pregnant mothers. Women are guided about their food and living habits during the pregnancy period. As far as pregnancy is concerned there are some misconceptions in various communities. We try to eradicate such superstitious beliefs and misconceptions. We try to develop scientific approach.

We have now planned to provide a diary to pregnant women visiting our centers, we shall give diaries to women selected for research. We will guide them to fill up the necessary data in it. This will become our research data. They will make notes in the diary about the food they eat, the book they read, the feeling with the child in the womb. There are 11 such points to be documented.

### **Daily Activities**

For positive impact on the child the pregnant women undertake various activities like painting, story-telling, science puzzle, quiz, music etc. This develops the cognitive and creative aspects of child in the womb. Daily at the end of the session nutritious food is provided to the pregnant women coming to the center. Each center is functioning under a Trust or Government set up. We have appointed co-ordinator for each center. Till April 2014 nearly 20,000 women are the beneficiaries of our Tapovan programs.

## ● **Some Specific Activities**

- (1) Discussion on Garbha-Vijyan
- (2) Seminars
- (3) Sammelans

- (4) Guidance and counseling of youths and newly married couples
- (5) Workshops for research
- (6) Garbha-Vijnyan training and awareness program
- (7) Meeting of social workers (interested in Garbha-Vijnyan & Garbha-shikshan)
- (8) Various other meetings of people interested in contributing towards Tapovan projects. (Shubhechchhak Mandal)

We get very good response from the society in these society-oriented programs.

### ● **Field work in Tapovan**

We provide service through ‘Tapovan-rath’ – it is Tapovan service on wheels. We provide counseling, guidance and services. These services are provided by our tapovan co-ordinaters. They are well-trained and they work whole-heartedly in the interest of the wellbeing of the society.

In this way this is a unique project from all view points and dimensions. It is a mission for re-establishment of pre-natal education which was prevalent in ancient Bharat. This project can bring social upliftment and improvement by stopping female feticide, by solving the issue of malnutrition etc. once again we firmly believe that it is a unique project for nurturing best progeny for positive transformation of the society.

**Our slogan**

**Tejasvi Balak – Tejasvi Bharat**

